



Pilot Club donates MP3 players to McPeak's

As part of their Music and Memory program, the Patchogue Pilot Club recently donated MP3 players to the residents at McPeak's Assisted Living on North Ocean Avenue in Patchogue. The program will help residents who have been diagnosed with dementia or Alzheimer's disease. According to the Pilot Club, research has shown that music is good for memory. The Music and Memory program trains care professionals in how to set up personalized playlists for those in their care. Familiar music taps deep memories not lost to dementia and can reawaken emotions participants have not felt in a very long time. Members of the Pilot Club have loaded the MP3 players with music suggested by residents at McPeak's. The Pilot Club is a community-based volunteer organization focusing on brain safety, caregivers, and youth leadership and development. This is the first time the Pilot Club will be working with McPeak's as part of this program. Pictured are: manager of McPeak's Jennifer Turner (far left), owner/operator James McPeak (far right), McPeak's Assisted Living residents Joan Golden and Patrick Thomas (seated), and members of the Pilot Club of Patchogue (left to right) Catherine Olinger, Sue Kahl, Gail Braverman, Lynda Benanti, Linda Tabatchnik and her great-nephew George Economos, who programmed the MP3 players.